

# Hewlett Court Newsletter



February 2026



## February's Moods

Old February can't decide  
Just what he wants to do.  
Most of the time he's raining, but  
Theres snow and blizzards too.  
  
Sometimes he's cold and very nasty  
Then he gets so mild!  
And gentle tears come trickling down,  
Quite pleasing to a child.  
  
Guess old February can't  
Be helped in any way.  
We'll just put up with his wild moods -  
And cheer when he goes away.

By Lenore Hetrick

*Birthdays  
this month!*

### Residents

Pat J  
4<sup>th</sup> February  
Dorothy S (90)  
12<sup>th</sup> February

Renee A  
13<sup>th</sup> February  
Keith S  
13<sup>th</sup> February  
John B  
19<sup>th</sup> February  
Brenda V  
23<sup>rd</sup> February

Staff  
Judy  
2<sup>nd</sup> February  
Karen  
5<sup>th</sup> February



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## News



### 5K Night of Neon walk

On Saturday 7th February, Team Leader Rachel will be taking part in the 5k Night of Neon Walk around Salford Quays in Manchester, raising money for The Christie Charity

This is a charity very close to Rachel's heart, having supported family and friends in the past — and now helping many others for the future.

Any support would be greatly appreciated and would mean so much.

If you would like to sponsor Rachel, please speak to the Management Team. Thank you for your support.



### Congratulations

Congratulations to General Assistant, Finlay who passed his driving test in January. Well done, Finlay, safe journeys in your new car.



### Good Luck in Your New Home

Resident Bev has moved on to a new home which can provide the care and support that she needs. We wish you all the best in your new home.



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ELMC/



## Festival News

**SAVE THE DATE**

**Final Festival**

**FUN WALK**

**&**

**FETE**

**SUNDAY 17<sup>TH</sup> MAY 2026**

Join us for a fun-filled day at our Annual Walk plus activities, refreshments, and exciting events waiting for you at the finish line! You won't want to miss it!

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## Life at Hewlett Court

Situated in the heart of Ramsbottom, close to Bury, Hewlett Court offers sheltered accommodation for older Licensees who value independence alongside companionship and support. A key part of what makes Hewlett Court so special is the ongoing support of the Masonic Brethren of the Province of East Lancashire. Their generous financial backing and active involvement help fund many of the activities and events enjoyed by licensees, making a meaningful difference to daily life within the organisation.

Following a recent refurbishment, Hewlett Court comprises 40 well-appointed rooms, with a mixture of single and double rooms available, each featuring a modern wet room en suite. The accommodation now offers improved accessibility and comfort, ensuring licensees can enjoy independent living in a safe and supportive environment. At the heart of Hewlett Court is its spacious communal lounge, a welcoming area where licensees regularly gather.

The lounge hosts a lively programme of activities, including quizzes, bingo sessions, live singers, and visiting entertainers. These events provide not only enjoyment but also valuable opportunities for social interaction, helping to combat loneliness and strengthen friendships. Adding to the appeal is the newly built conservatory, 'The Lightbown Lounge' which has quickly become a favourite spot for residents. Flooded with natural light, it offers a relaxing space to socialise, read, or simply enjoy the changing seasons. Family rooms provide generous space and add privacy, making them ideal for visiting relatives who want to spend quality time together in comfort. Hewlett Court also has a games/crafts room for all ages, a well-stocked shop for everyday essentials, and a salon offering professional services without the need to leave the premises.

Meals are served in the communal dining room, with menus thoughtfully planned using licensees' ideas and preferences. Themed takeaway meals are arranged on occasion, adding variety and create a fun and celebratory atmosphere.

Hewlett Court is set within beautifully maintained gardens that surround the building, featuring tranquil water features with beautiful floral arrangements and a charming central courtyard. Overlooked by the dining room, the courtyard includes a delightful summer house, creating a peaceful space for residents to relax and socialise. The gardens are lovingly cared for by dedicated volunteers and include a thoughtful Remembrance Garden.

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Hewlett Court is a well-supported and highly respected part of the local community. Strong links with licensees and neighbours are reflected in the popularity of community events held throughout the year at Hewlett Court, including firework displays and festive Christmas Fairs, all warmly supported by local people. This close community involvement helps create a welcoming atmosphere where residents feel connected, valued, and included. The management team and staff at Hewlett Court work tirelessly to ensure that all licensees' needs are met with professionalism and compassion. They take pride in creating a supportive and nurturing environment where everyone feels valued. Special attention is given to celebrating birthdays, Christmas, and important milestone events, helping to make every occasion meaningful and ensuring licensees can enjoy a true sense of belonging.

Alongside a full programme of in-house entertainment, licensees at Hewlett Court enjoy a wide range of outings and social events, all provided at no extra cost. These include memorable trips to see the Blackpool Illuminations, garden parties, theatre visits, and outings to local establishments. A much-loved 'Make a Wish' initiative gives residents the opportunity to share experiences they have not enjoyed since their younger years, with staff thoughtfully arranging each request. Whether it's a visit to a local market or a return to a scenic place filled with happy memories, these outings help licensees reconnect with the moments that matter most.

At Hewlett Court, licensees' views and opinions are genuinely valued and treated with respect. Regular meetings are held to ensure licensees have a voice in decisions of the running of Hewlett Court, allowing staff, the management team, and committee members to listen, respond, and continually improve services. This open approach helps ensure the highest possible standard of support and creates a feeling where everyone feels heard, involved, and respected.



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## In House Activities

Here's a little sneak peak of what the ladies and gents get up to every week at Hewlett Court. There are lots of activities for everyone to join in with.

### Armchair Exercises with Naomi

The ladies and gents look forward to the armchair exercise sessions with Naomi every Monday afternoon. Benefits of armchair exercises for the elderly include:

- Improves and strengthens muscles
- Improves flexibility
- Improves posture
- Improves co-ordination
- Improves balance
- Eases joint pain



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## Bingo With Jayne and Erika

General Assistant Jayne hosts bingo for the ladies and gents every Tuesday afternoon, General Assistant Erika hosts bingo on a Thursday evening. Everyone enjoys coming down to the lounge to be in with a chance of winning!

Benefits of playing bingo for the elderly include:

- Increases social engagement
- Allows for reflection and memory recall
- Improves cognitive function
- Improves memory
- Improves hand-eye co-ordination



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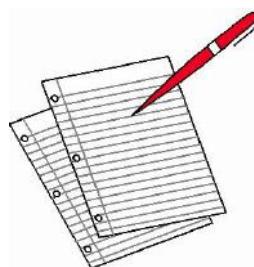
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## Coffee Morning & Quiz with Jayne

Wednesday mornings are spent sipping coffee, baileys or sherry, eating cake & biscuits and taking part in a quiz hosted by General Assistant Jayne followed by a game of Play Your Cards Right. The winner of Play Your Cards Right wins a ticket for a free game of bingo to use the following week.

Benefits of taking part in a quiz for the elderly include:

- Improves memory
- Keeps the brain active
- Trains the brain and preserves their cognitive abilities
- Improves daily life skills



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## Thirsty Thursday

Every Thursday afternoon the ladies and gents gather in the lounge and reception area to enjoy a little tipple or a hot beverage.

Benefits of Thirsty Thursdays for the elderly include:

- Builds strong bonds with other residents
- Encourages socialising
- Interaction, which is good for their mental health
- Contributes to a more positive and enriching living environment
- Builds confidence



## Friday Club

Friday Club takes place every Friday afternoon. It's a time when the ladies, gents and staff get together and have a natter over their favourite drink.

Benefits of Friday Club for the elderly include:

- Builds strong bonds with residents and staff
- Encourages socialising
- Interaction, which is good for their mental health
- Contributes to a more positive and enriching living environment
- Builds confidence
- Encourages listening, speaking and cooperation



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## Armchair Party Dances with Emily

The ladies and gents let their hair down on Saturday afternoons when they take part in the armchair party dances with Emily. The dances involve action dances to Agadoo, Superman, The Macarena and many more.

Benefits of Action party dances include:

- Improved Flexibility
- Improved Memory
- Improved Coordination
- Mind stimulation
- Hand & Eye Coordination



## Games Afternoon with Robyn and Ellie

Every Sunday, the ladies and gents gather in the lounge to play a range of games with Robyn or Ellie. The ladies and gents get involved in a variety of games which include Scrabble, Dominoes, Cards, Jenga and many more.

The benefits of playing games for the elderly include:

- Enhances memory and cognitive skills
- Enhances judgement and reasoning
- Encourages motivation
- Decreases stress
- Improves hand and eye coordination
- Increases brain function



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## New Years Day Celebrations

What a truly lovely day everyone had celebrating the New Year and the start of 2026.

The ladies and gents tucked in to a delicious, cooked breakfast of bacon, egg, hash brown & beans and a glass of bucks' fizz on arrival. We later joined in the lounge for a few fun and relaxing games whilst being served baileys or brandy coffees and mince pies.

The main event of the day was the lovely 4 course meal cooked by our very own cook, Mel! Starting with melon or prawn cocktail followed by roast turkey with all the trimmings. Dessert was the classic Christmas pudding with brandy sauce and to finish, a helping of cheese and biscuits and tea and coffee.

After a busy few weeks of entertainment and outing the afternoon was spent relaxing and unwinding. What a perfect start to the new Year!



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## A Visit from Tony T-Rex

A special visitor came to visit the ladies and gents at Hewlett Court during Thirsty Thursday and then returned for a second visit in Friday Club. Tony T-Rex made the residents smile from ear to ear! There were plenty of laughter, giggles and of course cuddles.



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## Mels 35 Years at Hewlett Court

We recently celebrated a very special milestone at Hewlett Court, as Mel, marked 35 years of dedicated service as Hewlett Court's cook. Residents gathered in the lounge to raise a toast in appreciation of Mel's hard work and commitment over the years.

Mel was presented with her favourite perfume, a keepsake gift and a card, and the celebration was topped off with a delicious cake. Residents enjoyed the cake after tea, making it a lovely, shared occasion for everyone.



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## January Birthdays!



Graham celebrated his  
birthday on  
11<sup>th</sup> January



Judith celebrated her  
birthday on  
20<sup>th</sup> January



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## VALENTINE'S DAY Wordsearch

WORD LIST

ADMIRER	CHOCOLATE	GIRLFRIEND	ROSE
AFFECTION	CRUSH	HEART	SMILE
BE MINE	CUPID	KISS	SWEETHEART
BOUQUET	DECORATE	LOVE	TEDDY
BOYFRIEND	FEBRUARY	PINK	TOGETHER
CANDY	FLOWERS	POEM	VALENTINE
CARD	FOURTEENTH	RED	
CELEBRATE	GIFT	ROMANCE	

*Homemade  
GIFTS MADE EASY*

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## Hewlett Court Upcoming Events in February

Wednesday 4<sup>th</sup> February 2026

Shaun Sloan singing in the lounge 3pm

Saturday 14<sup>th</sup> February 2026

Hannah Wright singing in the lounge 11am