

August 2025



When I was in my younger days, I weighed a few pounds less, I needn't hold my tummy in to wear a belted dress. But now that I am older, I've set my body free: Theres the comfort of elastic where once my waist would be. Inventor of those high-heeled shoes my feet have not forgiven: I have to wear a nine now but used to wear a seven. And how about those pantyhose -They're sized by weight, you see, so how come when I put them on the crotch is at my knee? I need to wear these glasses as the prints been getting smaller: And it wasn't very long ago I know that I was taller. Though my hair has turned grey And my skin no longer fits; On the inside, I'm the same old me, It's just the outsides changed a bit



Birthdays this month!

Brenda H 28th August

Beverley L (70) 28th August

<u>Staff</u>

Erika

1st August

Donna

2nd August









August 2025



News



Gill's Exercise Class

Gill will be taking a break from the exercise classes on Friday mornings for a while. The classes will resume on Friday 19th September.



Conservatory Rebuild

The conservatory is coming on great. Thank you to the residents for their patience through the reconstruction. We cant wait to see the finished result for all to enjoy.





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ELMC/



Festival News

Celebrating 25 Years of Dedicated Service.

Monday 1st July 2025 marked a remarkable milestone as Director of Operations; Julie Ward celebrated 25 years of dedicated service at the East Lancashire Masonic Charity.

Over the past quarter of a century, Julie has exemplified the core values of freemasonry – compassion, integrity and service – through unwavering commitment to supporting the brethren and their families in times of need. Joining the ELMC in July 2000, Julie has played a pivotal role in the charity's mission, contributing to countless initiatives that have improved the lives of individuals across the province. Whether assisting with grant support, coordinating outreach, arranging holidays, outings and events or working behind the scenes, her presence has been a constant source of strength and reassurance.

We extend our heartfelt thanks to Julie for her enduring service, loyalty and compassion. The impact of the work she has done over the last 25 years is immeasurable and we look forward to the many more years of her valued contribution. The residents and staff gathered and raised a glass to thank Julie and toast her success.





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Bury Ukulele Group

Bury Ukulele Group came to entertain the ladies and gents at the beginning of July with a lively performance. The residents clapped, sang along and even danced in their chairs with percussion instruments, as the group stummed through a selection of classic hits and well-loved songs.

The performance brought smiles all around.





















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Potting Plants with Paul!

The Hewlett Court gardens came alive with more colour on Thursday 3rd July when some residents joined dedicated volunteers and Head Groundsman Paul and Alston, for a cheerful and productive afternoon of pot planting. The ladies and gents took part in planting a wonderful variety of flowers and greenery. From delicate pansies to bright beautiful marigolds, the new blooms are sure to bring more life and colour to the Hewlett Court grounds.

Head Groundsman Paul was on hand to give advice on the best way to plant and care for the beautiful flowers, whilst volunteer Alston helped with the heavy lifting of the compost, arranging the pots and lending an extra hand when needed. Suzzy the dog wandered between planters offering tail wags of encouragement.

The afternoon was filled with laugher, teamwork and the satisfaction of doing something meaningful together.





























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Exercises with Gill

Every Friday morning, residents at Hewlett Court come together for a joyful and energising exercise session with the wonderful Gill! The weekly gatherings are more than just physical activity – they are time to connect, share laughter and stay mobile in a relaxed and welcoming environment.

Gill brings warmth, encouragement and a wealth of experience to each session. The exercises are designed with older adults in mind, focusing on gentle movement, balance and flexibility. Everyone is encouraged to take part at their own pace, with adaptions available for all ability levels.











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Paddy Johnson

On Friday 4th July, the lounge at Hewlett Court was filled with residents and the sounds of country music. The residents enjoyed a live performance from country singer Paddy Johnson. With a guitar in hand, Paddy treated everyone to classic favourites and heartfelt originals that had everyone's toes tapping. Dressed in traditional country style, complete with a cowboy hat and a warm smile, Paddy created a nostalgic and joyful atmosphere that brought back fond memories for many. Several residents sang along enjoying the comforting rhythm of the guitar.





















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Lee Lambert

We were delighted to welcome Lee Lambert to Hewlett Court for a musical performance. Lee's energetic stage performance and remarkable vocal talent had the ladies and gents clapping, smiling, dancing in their seats and singing along. His uplifting performance brought a wonderful sense of joy to the lounge. It is always a treat to have Lee singing for the residents and he certainly made it a memorable afternoon for everyone. We look forward to welcoming him back again soon.





















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Louis Timperly the Pianist

On Friday 18th July the beautiful sound of live piano music filled Hewlett Court as the very talented pianist Louis, performed for the ladies and gents. It was a truly special moment with lots of toe tapping, singing, smiles and reminiscing. Music has a wonderful way of bringing people together.













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Jersey Girls Ice Cream

The ladies and gents were treated to a delightful surprise on Monday 21st July from Jersey Girls Ice Cream, our local home-made ice cream parlour. Natalie and Harry arrived with a colourful selection of ice cream including mint ripple, biscoff, lemon meringue, chocolate and just jersey, which went down a treat! Everyone enjoyed tucking into the tasty treat whilst enjoying the sunshine.



















































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Happy 18th Birthday Ellie

On Wednesday 16th July, General Assistant Ellie celebrated her 18th birthday in style, celebrating with the ladies and gents at Hewlett Court who helped make it a memorable day. Ellie was gifted chocolates, a bottle of prosecco and a card signed by all the staff and residents with heartfelt birthday messages. Ellie was presented with a homemade cake lovingly made by Hewlett Court cook Mel which the ladies,

gents and staff enjoyed after tea.

We hope you enjoyed your special day, Ellie!















John celebrated his birthday on 18th July



Joyce celebrated her birthday on 19th July



Betty celebrated her birthday on 26th July



Nights General Assistant, Megan celebrated her birthday on 18th July









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AUGUST BARBECUE BASEBALL BEACH BIKE

BOAT

CAMP

FAMILY FISHING

FLIGHT

FLIP FLOPS **FLOWERS**

FRIENDS

GARDEN HEAT

HOLIDAYS

ICFD TFA

LEMONADE

OUTSIDE

INSIDE JULY

JUNE

PARK

PLAY POOL

RELAX

TAN

TENT

TOUR

TRIP

SANDALS SHORTS

PICNIC

HOT HUMID

HUGE SUMMER



WORD SEARCH PUZZLE

FRIENDSOCCERUI F FLS T CHOTDKFAMIL YX V S 0 KE E S SRE F W 0 L N W A M Ι G S TADP Y P I P T T AUG U 0 P AK ODQPLCMLE \mathbf{E} N \mathbf{E} M R C KYGIUEMY В F В E P KBI I INJMIMO D V Y H W RT AT E В N I GNUAE R Z N R P Ι L S D N SHGPRHIHE E J R D BM GDPT \mathbf{T} Ι S КН LR I H RAE IDIWSIHFAS UAP Q 0 ETATEF Q YCP W UB A O T T L X TYANY R N A E L F F JE Q I SR U F D \mathbf{L} RGNRAMBPXCBE PA I Ι ΚH A ATUAV MJREGING RXS W I Y HAXE CXLD H U Z UH S CKEUDFXT G Q IOK E J U VCLENEJVSLADNASAT PO The words appear UP, DOWN, BACKWARDS, and DIAGONALLY. Find and circle each word.

SKATEBOARD SOCCER SUNSCREEN SUNSET SWIMMING **TANKTOPS** THEMEPARK TRAVEL VACATION WATERPARK



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