



## **Jigsaw (Bury) Residential Trip to Bendrigg Trust** **Friday 1<sup>st</sup> November to Sunday 3<sup>rd</sup> November 2024**

Jigsaw (Bury) is a registered charity, based in Bury Greater Manchester, aiming to promote fun, freedom and independence for disabled people. Jigsaw offers sport and social opportunities for young disabled people aged 13 plus. We support our members to enjoy an active social life, to reach their sporting potential and to maintain a healthy lifestyle by running sports and social activities in the evenings and at weekends.

Jigsaw (Bury) have just returned from an exciting and memorable residential weekend at Bendrigg Trust in Cumbria.



Bendrigg Trust specialises in delivering high quality courses for disabled and disadvantaged people, promoting inclusion, encouraging independence, and building self-confidence through the safe provision of adventurous activities a firm favourite with the Jigsaw members!

The trip included accessible transport (2 minibuses from Bury Minibus Hire), food, accommodation, and a fully staffed programme of indoor and outdoor adventurous activities for a full weekend stay; a 2-night stay from Friday 1<sup>st</sup> to Sunday 3<sup>rd</sup> November 2024. We stayed in Acorn House, which is a completely accessible accommodation unit separate from the main Lodge. The accommodation had 2 'wings', a central lounge, kitchen, and dining area as well as a games room!

17 members attended along with 4 Jigsaw Group Leaders and 1 carer.



Jigsaw members participated in the following activities: toasting marshmallows and popcorn around an evening campfire, relaxing in the sensory room, exploring indoor caves, conquering fears while climbing and abseiling, cycling around the forest track, dancing through the halls at a disco, flying through the air on the zip wire, having fun on the fast tube slide and perfecting their targeting skills at archery.



*“It was lots of fun socialising with your friends and having a great time!”* **Jigsaw Member**



Jigsaw (Bury) would like to thank Anton Jurgens Charitable Trust for granting £2,000, East Lancashire Masonic Charity for granting £3,100 and The Rank Foundation Pebbles Short Break Grants for granting £600 towards this exciting adventure!

## Costing Breakdown

| <b>Item Purchased</b>                          |   | <b>Amount (£)</b>                           |
|--|---|---|
| Accommodation, Activities & Meals              | Bendrigg Trust, Acorn House                   | £5,344.01                                   |
| Insurance                                      | Unity Insurance Services                      | £254  |
| Transport                                      | 2 minibuses from Bury Minibus Hire            | £900  |
| Jigsaw Staff                                   | 4 Group Leaders x 50.25 hrs x £12.50 per hour | £2,512.50                                   |
|  |   | <b>Total Expenditure: £9,010.51</b>         |
| <b>Income</b>                                  |   |   |
| Member contributions                           | £160 x 17 members                             | £2,720                                      |
| Anton Jurgens Charitable Trust                 | Funding                                       | £2,000                                      |
| East Lancashire Masonic Charity                | Funding                                       | £3,100                                      |
| The Rank Foundation Pebbles Short Break Grants | Funding                                       | £600  |
| Crowdfunder                                    | Donations                                     | £52   |
|  |   | <b>Total Income: £8,472</b>                 |
|  |   | <b>Total Cost to Jigsaw: <u>£538.51</u></b> |

## Jigsaw Member Evaluations

### What was the best thing about attending Bendrigg?

- The staff are amazing!
- EVERYTHING!
- The activities and food.
- To do activities
- Being welcomed by the staff
- Being with other people

### Why did you want to attend the Jigsaw residential to Bendrigg?

- It's lots of fun socialising with your friends!
- I like activities
- It gets me out the house and I have friends at Jigsaw.
- I like to meet new people
- It's a weekend away and it makes me happy
- To learn new skills and have fun!
- To go away with my best friends
- I like outdoor activities

- I enjoyed it last year!
- It's a good group and I have friends

**Attending the Jigsaw residential to Bendrigg made me feel.....**

- Amazing and brilliant; everything is positive!
- Good about myself!
- Excited and good about myself with my achievements on the activities
- Happy & thrilled!
- Knowledgeable about using equipment
- Proud of myself
- Brave

**Thank you for your support!**

