

October 2024



October Riches

October brings us Royal treasures,
 There's riches in the bin!
 All the living gold of fields,
 Has now been gathered in.
 All the jewels of the orchards,
 The gems of lane and fields,
 All the treasures of the garden
 Mingle in the field.
 What wealth can equal it in beauty,
 Or rival in sheer worth
 The riches that October brings
 From fertile Earth.

Lenore Hetrick



Birthdays this month!

Janet T 27th October

Staff

Claire 14th October

Jayne 22nd October









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News



Moving On

We would like to wish
Ethel all the best in her
new home. You will be
missed by many at Hewlett
Court.



Marjorie Stafford

Sadly, on Tuesday 24th September Marjorie Stafford passed away. Marjorie will be missed by many. We send our condolences to her family and friends at this sad time.



Handmade Christmas Cards

Resident Margaret has been busy making Christmas cards. The cards will be available to buy from the onsite shop from the beginning of October. Prices range from 75p to £2. They will sell out quick so be quick to purchase the beautiful designs.



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ELMC/ Festival News



The ELMC Autumn Outing 18 September 2024

On Wednesday 18th September the ELMC Comforts
Fund Committee organised a day trip to the Albert Docks
Liverpool, with afternoon tea on the Floating Grace.
There were forty people in attendance, departing from
Stanley House Function Rooms after a breakfast of Danish
pastries, tea and coffee.

Thanks to Lisa, the driver for the day, from Swans Travel for making the journey pleasurable.

All had a fantastic day with the bonus of beautiful

All had a fantastic day with the bonus of beautiful sunshine and wonderful company.

























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Poppywood Alpacas

On Friday 6th September, Hewlett Court welcomed some furry friends into Hewlett Court. Marmalade, Dobby & Piglet, the three alpacas came to visit the ladies and gents and what joy they brought to everyone. The ladies, gents and staff took turns hand feeding them, stroking them and learning all about alpacas, their daily needs, habitat and diet. Thank you to Holcombe Brook Nursery children for also visiting us.



































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The Greater Good Project

The girls from The Greater Good Project came to perform for the ladies and gents at Hewlett Court on Tuesday 10th September. The girls involved everybody in the energetic dances with many different props. Everyone enjoyed actively dancing in their chairs.













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Aint Miss Behaving

Natalie aka 'Aint Miss Behaving' came to sing for the ladies and gents on Wednesday 25th September. A fabulous afternoon was had by all.















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Armchair Yoga

Yoga instructor Louise visited Hewlett Court for the ladies and gents to join in an armchair yoga session. Armchair yoga has lots of benefits for the elderly including better sleep habits, improves strength and protects joints, reduces hypertension, improves mood, chronic pain, reduces anxiety and relieves breathing and lung issues. Louise will be holding a weekly session every Thursday morning to help the ladies and gents relax and rejuvenate.













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Cajun Rascals

The Friday feeling was in full swing when the Cajun Rascals came to perform for the ladies and gents. They sang a variety of songs which everyone joined in with. The afternoon ended with the residents enjoying a little tipple in Friday Club.













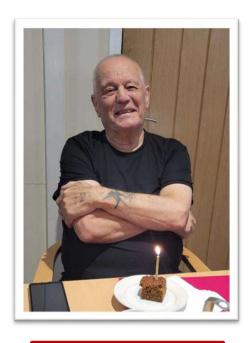


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September Birthdays!





John R celebrated his birthday on 21st September.



Margaret H celebrated her birthday on 27th September.



 $\begin{array}{c} \text{Team Leader Rachel celebrated her birthday on} \\ 3^{\text{rd}} \, \text{September} \end{array}$

Health & Safety Officer Zena celebrated her birthday on 11th September

General Assistant Courtney celebrated her birthday on 20th September









